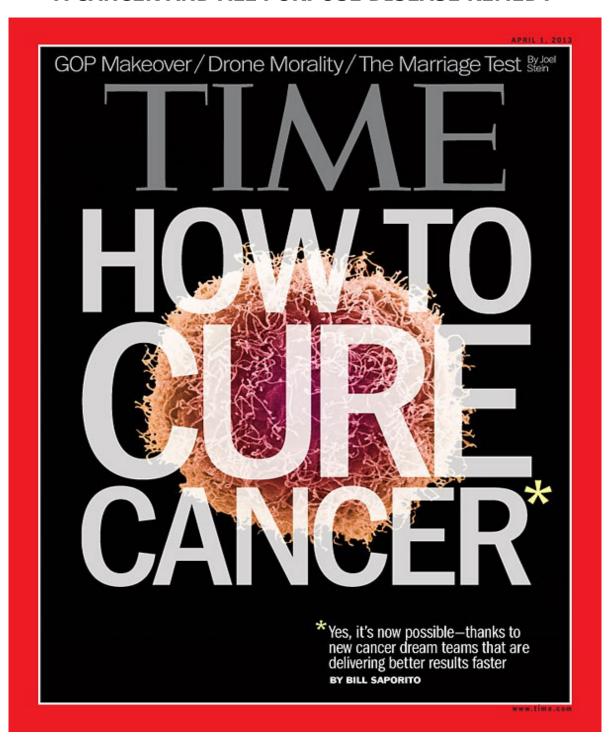
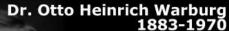
A-Z OF NATUROPATHIC NUTRITION SOURCES FOR ORGANIC AND NON-GMO LIVING

A CANCER AND ALL PURPOSE DISEASE REMEDY



DR. OTTO HEINRICH WARBURG











Discoveries in Cancer Metabolism Cancer Cure & Prevention

Dr. Warburg understood the relationship between oxygen and the pH of cancer cells and reported that cancer has a low pH (as low as 6.0) and therefore thrives when acid levels are high.

His research proves that cancer cannot live in an oxygen rich and an alkaline rich environment (a pH value greater than 7.0).

The Cure costs pennies and is probably already in your home... Baking Soda. Please read/share the reports at:

http://TheNaturalCancerCure.com

The Root Cause of Cancer



Dr. Otto Heinrich Warburg 1931 Nobel Prize Winner



"All forms of cancer have two basic conditions: acidosis and hypoxia (lack of oxygen)"

"Cancerous tissues are acidic, whereas healthy tissues are alkaline

"Deprive a cell 35% of its oxygen for 48 hours and it may become cancerous."

CHANGE YOUR WATER... CHANGE YOUR LIFE



No disease including cancer, can exist in an alkaline environment.

DR. OTTO WARBURG, 1931 NOBEL PRIZE WINNER FOR CANCER DISCOVERY Every single person who has cancer has a pH that is too acidic.

Dr. Otto Warburg won the Nobel Prize in 1931 for proving that cancer can't survive in an alkaline, oxygen rich environment but thrives in an acidic, low oxygen environment.

CANCER REPORT #1

First let me say that I believe the body can be cured of almost any disease. Disease is a contraction of two words which mean not at ease. Any cell or tissue that is at less than perfect health is not at ease. The same things that cause cancer are the cause of all disease. You will learn the cause as well as the cure in my reports.

There is a principle, which is a bar against all information, which is proof against all argument, and which cannot fail to keep man in everlasting ignorance. That principle is condemnation without investigation. - Herbert Spencer

BAKING SODA KILLS CANCER

I was surprised to learn about an oncologist in Rome Italy, Dr. Tullio Simoncini who is destroying cancer tumors with Baking Soda. According to Dr. Simoncini, Baking Soda is safe, extremely inexpensive and unstoppably effective when it comes to cancer tissues.

Unfortunately like so many other pioneers that have bucked established medicine, Dr. Simoncini has been stopped by the powers of government that take their marching orders from powerful drug companies, lobbies and established medicine.

Baking Soda is an irresistible chemical - like cyanide to cancer cells for it hits the cancer cells with a shock wave of alkalinity, which allows much more oxygen into the cancer cells than they can tolerate. Cancer cells cannot survive in the presence of high levels of oxygen. Baking Soda is, for all intent and purposes, an instant killer of tumors.

Tumors that can be reached and irrigated directly with a Baking Soda solution can be fully treated in a matter of days. I have seen videos of tumors taken by Dr. Simoncini before and after treatment. In many cases the tumor is virtually gone in 1-5 days.

Dr. Simoncini says that cancer is caused by fungus or candida. Fungus can only live in an acid environment and it dies instantly when it comes into contact with Baking Soda because of its high alkalinity.

A cancer that is bathed locally and directly, responds immediately to treatment. Treatment consists of Baking Soda administered orally, by aerosol, and by IV. After the first treatment by IV a reduction in the fungus and size of the tumor is evident. If cancer strikes a particular organ or area that can't be reached, Dr. Simoncini administers Baking Soda by catheter into an artery that feeds that organ or tissue.

Since it is perhaps impossible to find a doctor that administers Baking Soda, you will have to develop your own program. If the tumor is internal rather than external, you will not be able to irrigate it directly, therefore you will have to depend upon getting the entire body pH high enough to kill the cancer.

At a pH of 8.5, cancer cells will die while healthy cells will live. This has given rise to a variety of treatments based upon increasing the alkalinity of the tissues such as vegetarian diet, the drinking of fresh fruit and vegetable juices, and dietary supplementation with alkaline minerals such as calcium, potassium, magnesium, cesium and rubidium. But no other mineral can compare to the instant alkalinizing power of Baking Soda for safe and effective treatment of cancer.

The pH scale goes from 0 to 14, with 7 being neutral. Below 7 is acid and above 7 is alkaline. The blood, lymph and cerebral spinal fluid in the human body are designed to be slightly alkaline at a pH of 7.4.

Cancer patients typically have a pH ranging between 4.5 and 5.5. This is a full 2-3 points below what is considered normal. Even when pH is this low it generally takes a few years for the body to develop cancer.

There is also danger in getting the body too alkaline, but in the same way that a body can survive for years after being too acid, people have lived for years with their pH being too high. In my investigation I have not been able to discover any known side effects of getting the pH high enough and long enough to kill the cancer.

What is too high? When the pH drops below 5.0 - 5.5 the body will start producing ammonia, to offset the acid. Ammonia is extremely alkaline and older people often have a pH of 8.0 to 8.5 as a result of the ammonia their bodies are producing. This condition often continuesfor a number of years before they finally die. The acrid smell that you experience whenwalking into an old folks home comes from the ammonia these elderly people produce.

Based upon the fact that sodium is a mineral required by the body to regualate bodily fluids and the fact that ammonia is an unfriendly chemical to human health, it seems safe enough to use Baking Soda to get the pH as high as 8.5 long enough to kill the cancer and shrink the tumor. Taking the body pH up to 8.5 is only 1 full point above normal. Keeping it at that level for long enough for the tumors shrink should not pose a big threat.

Being too alkaline for a few days or a few weeks could be a good thing and could serve to neutralize latent acids that have been stored in your body for decades. I personally pushed my pH between 8.0 and 8.5 for a period of four months because I didn't want to tell somebody else to do something that I felt was unsafe or I wasn't personally willing to do. "The IMVA recommends Baking Soda so that the pH of the blood remains high, which in turn means that the blood is capable of carrying more oxygen. This in turn keeps every cell in the body at peak efficiency and helps the cell eliminate waste products.

Detoxification and chelation will proceed more easily and safely under slightly alkaline conditions. Increased urinary pH reduces oxidative injury in the kidney so it behooves us to work clinically with Baking Soda. Patients receiving Baking Soda achieved urine pHs of 6.5 as opposed to 5.6 with those receiving sodium chloride (salt). This alkalinization is theorized to have a protective effect against the formation of free radicals that may cause nephropathy." - Dr. Michael Metro

Cancer seems to grow slowly in a highly acid environment (because the acids cause it to partially destroy itself) and may actually grow more quickly as your body becomes more alkaline prior to reaching the healthy pH slightly above 7.4 where the cancer becomes dormant. The objective here appears to be getting the pH to 8.5 quickly enough that the cancer becomes dormant and sufficiently long enough to kill the cancer rather than keeping it dormant. When taken orally it may take a few weeks or even longer for the baking soda tokill the Cancer. It is dependent upon getting enough Baking Soda throughout the system thatthe cancer cells are eventually bathed in it.

After the cancer is dead, the ideal pH is 7.4. It is useful to monitor urine pH daily to ensure that the body remains sufficiently alkaline. We always knew how quickly Baking Soda could neutralize acid, but we wondered about its safety. We have now learned that not only is it effective, but it is safe, quick, preciseand inexpensive. Just a few pennies a day will keep cancer at arms length from us.

BETTER WATER WITH BAKING SODA

It is important also to find a good water source. If you buy water, do not drink water from soft plastic jugs you find on the grocery shelf. These jugs leach harmful chemicals into the water and the water source may not be pure to begin with. I once found a grasshopper in a gallon of distilled water.

If you use distilled or reverse osmosis water, all of the minerals have been removed. it is necessary to add Baking Soda to both. I would start with a Tablespoon per gallon. It is also a good idea to add some Potassium, Magnesium and perhaps some ionic minerals.

I purify and treat the water I drink with the Athena water machine found at http://ionways.com/abc. I will explain more about water in a future report, but you may want to view the video on this site to get a better understanding of why we need good water to drink. There are three machines listed here.

Athena is the one I personally use and recommend. Before you make a decision to purchase any kind of a water purifier, please give me a call, as I have researched and purchased three different machines ranging as high \$3800 per unit.

Drink at least 1/2 ounce of water for each pound of body weight daily. One ounce is even better. This is required in addition to any juices or other liquids you may consume. You can purchase Potassium Bicarbonate at a winemakers supply to mix with the sodium bicarbonate. I bought mine at: http://HomeBrewIt.com.

This is a cheap source of Potassium and may help to strengthen the heart and eliminate muscle cramps. I don't have any magic formula, so just experiment with how much works for you. If you come up with an amount that works really well, you might let me know so I can pass on others.

The way to tell how much baking soda you need is by testing your urine pH. You can buy pH rolls or strips from Swanson's Health Products online or perhaps from a Health Food Store, chemical supply store or a University chemistry lab.

It is best to take the baking soda on an empty stomach or wait at least two hours after eating so as not to neutralize the stomach acid that is designed to digest your food.

However if you are experiencing acid reflux or indigestion, you can sip a glass of baking soda slowly. If you gulp it down fast, it can create enough gas quickly enough to cause bloating. Drink the baking soda slowly enough that you can burp off the gas as it is generated.

I weigh about 170 pounds and I personally used 4-6 tsp. daily while I was detoxifying and for maintenance I regularly use 1 tsp. of Baking Soda daily to maintain a proper pH of 7.4.

SALT

Two other things that I do regularly is first thing in the morning, I warm about 20 oz. of water and stir in 1 tsp. of Real Salt (http://realsalt.com or check your health food store). Salt is mentioned many times in the Bible, but you need natural salt that hasn't been heated to high temperatures and had the trace minerals stripped away. Morton salt also adds aluminum and is a toxic poison to the body.

When you drink the Real Salt, you will find some solids in the bottom. These are 72 natural trace minerals and you pay good money for them at the nutrition store. Swish them around and drink them down. You may find your hair start returning to its natural color.

Salt is very cleansing. Doing this on a daily basis will especially help to detoxify your liver. It also helps to regulate bodily fluids and blood pressure. Blood pressure may increase for a short time, but then it should start to normalize.

CINNAMON & HONEY

The other thing I do is mix a half tsp. of cinnamon and a tsp. of honey in a hot glass of water and drink it before going to bed. You take up to a teaspoon of cinnamon and tablespoon of honey 3x a day. This reportedly helps with circulation, heart disease, arthritis, bladder infections, cholesterol, colds, indigestion, gas, immune system, flu, longevity, pimples, skin infections, cancer, fatigue, bad breath, hearing loss and weight loss. I can attest to the arthritis and I believe my skin is looking younger as well.

URINE pH

Test your urine pH first thing in the morning. Normal pH should run 7.4, however you need a pH of 8.5 for several days or perhaps longer if you want the cancer to die. So until your cancer becomes dormant and starts to shrink, you may want to keep your pH between 8.0 and 8.5 in the beginning.

Once your tumors are gone, reduce your intake of Baking Soda to keep your pH about 7.4 at first morning urine void.

THE CAUSE OF CANCER

The great advantage of knowing the prime cause of a disease is that it can then be attacked logically and over a broad front. - Dr. Otto Warburg

Cancer management and cancer cure are fundamentally different. In order to cure cancer, you must look at the cause or the root of the cancer. To manage cancer, you can poison it, burn it or cut it out all without knowing anything about its origin.

There are two factors that are ALWAYS present with Cancer no matter what else may be present. Those two factors are Acid pH and Lack of Oxygen. We can manipulate these two factors that always have to be present for Cancer to develop and by doing so the Cancer cannot go on living – it must die.

The obvious question - is it safe? Yes, in fact the same environment that kills cancer is the best environment for growing healthy cells. pH: What does it mean? pH is the abbreviation for Potential Hydrogen or the measurement of hydrogen-ion concentration of any solution. The higher the pH reading, the more alkaline and oxygen rich the fluid is. The lower the reading, the more acidic and oxygen deprived the fluid is. The pH scale is from 0 to 14 with 7.0 being neutral. Anything above 7.0 is alkaline; anything below 7.0 is acid.

There are two pH readings that we are primarily concerned about; the blood and the urine.

We cannot really change the pH of the blood, so our focus is on changing urine pH.

To be considered healthy, human blood must maintain a narrow pH range of 7.365. Any slight variation means disease. If blood pH drops below 6.8 or increases above 7.8, cells stop functioning and the patient dies.

The human body does a miraculous job of keeping blood pH in tolerable limits. As I mentioned, cancer patients can have a urine pH below 5.0 for years and the person goes on living by robbing Sodium from the stomach and Calcium from the bones to neutralize the acid in the blood. This is why old people shrink because their bones are getting smaller.

On the other hand, when the urine pH is too high, the body starts grabbing acid that has been stored in the joints and muscles to neutralize the blood. That's why we see Arthritis, Fibromyalgia and other acid conditions disappear when using Baking Soda in this manner. Blood pH is difficult to test, but home test kits are available to test urine and saliva pH. pH litmus paper can be purchased in either strips or rolls. Catch the last drip of the first morning void on a piece of litmus paper and it will change color. Compare that color to the color on the corresponding chart and you will scientifically know the pH of your urine.

The reason for checking the first morning void is because the bodily fluids have time to equalize overnight, which gives you a more accurate test. Do not test the first part of the stream, because that is when most of the sediment gets washed out of the bladder and do not hold the litmus paper in the urine stream because the chemicals that cause it to change color will be washed away.

The pH number is an exponent number of 10 (the power of 10); therefore, a small difference in pH translates to a BIG difference in the number of oxygen or OH-ions. In other words, blood with a pH value of 7.45 contains 64.9% more oxygen than blood with a pH value of 7.3.

To see the bigger picture, that number represents only 10.5% of a one point increase in pH.

Eastern medicine has worked closely with pH (acid and alkaline) for thousands of years. They refer to it as yin and yang. Although Western science and medicine pretends to be ignorant about the subject, they know more about pH than they are willing to admit.

If modern medicine were to focus on correcting pH and nutritional imbalances in the body, there would be no job security for doctors and drug companies due to little need for their services.

As early as 1931, Dr. Otto Warburg was awarded a Nobel Prize for his research on cancer.

Dr. Warburg's research states that "cancer cannot live in a pH of 7.0" Another way of making this same statement is, "you can't get cancer if you keep your pH at 7.0 or slightly above."

Dr. Otto Warburg in his book, The Metabolism of Tumors, stated that the primary cause of cancer was the replacement of oxygen in the respiratory cell chemistry by the fermentation of sugar. The growth of cancer cells is initiated by a fermentation process, which can be triggered only in the absence of oxygen at the cell level.

What Warburg was describing was a classic picture of acidic conditions. Just like overworked muscle cells manufacture lactic acid by-products as waste, cancerous cells spill lactic acid and other acidic compounds causing acid pH.

The American Medical Association backed by the pharmaceutical drug industry boycotted Dr. Warburg from ever coming to this country. They also put a squelch on the media to prevent Dr. Warburg's work from becoming widely known and because they control what is printed in the medical college textbooks, no mention of Dr. Warburg is found there either. They did all of this to protect the money they make as a result of people getting cancer.

Shortly after Dr. Warburg's Nobel Prize, Dr. Enderlein from Germany was commissioned by Adolph Hitler to keep the animals at the Berlin Zoo healthy. For many years, Dr. Enderlein took blood and tissue samples from healthy, sick, dead and dying animals. Thousands of tests were performed on these samples and the simple yet amazingdiscovery was that each group of animals had a different pH range. So we have two German scientists that conclusively linked pH with health and disease and each set up a comparison to indicate what constitutes a healthy pH.

This is a fascinating story with lots of interesting details, which are obviously too exhaustive for this short report. I will say however, that Dr. Enderlein discovered a microscopic living organism present in every cell of the body, which he named Mucor Racemos Frescens. This organism is resistant to the highest heat and the coldest cold and to every drug, chemical and acid known to man. It is virtually indestructible. It mutates and takes ondifferent life forms depending upon the pH of the cell.

When pH is a normal 7.0, this organism creates vitamins and health giving substances for the body. As the pH turns acidic, it mutates and starts killing the cell. When the body dies, this same organism is what decomposes the body and turns it back to dirt.

For a time the work of Dr. Enderlein was published and found in American medical textbooks. I have read this information with my own eyes directly from an older American Medical texbook, but this information has since been removed. So, although pH was taught in medicine for many decades, it has never been practiced.

The same testing that Dr. Enderlein did on animals was conducted decades later on humans at the federally owned Idaho National Engineering Laboratory. Again using thousands of samples and much more sophisticated, state of the art equipment, they verified everything that Dr. Enderlein had discovered.

I talked at length with one of the research scientists involved in this project. What was most puzzling and disturbing to this scientist was the fact that this project was classified "Top Secret" and was never reported to the public or in any medical journals. He and the other scientists involved were told never to breathe a word about this project.

He was hesitant to tell me these things and I was sworn not to reveal his name because some of the people he knew have permanently disappeared. People have told me that my own life could be in danger for what I am revealing to you.

Common knowledge of pH balancing would put most of the doctors and pharmacies out of business, and since you have probably never heard of Dr. Warburg nor Dr. Enderlein, you can see that the A.M.A. did a good job of hiding their work. This is just another example of money being more valuable than human life.

There are entire books devoted to the subject of pH. One such book written by Theodore Baroody is Alkalize Or Die. That is what we are talking about here. It is really that important!

People are being destroyed for greed and for lack of knowledge. The information in these reports will empower you to take charge of your own destiny with very little cost in doing so.

Maintaining a proper pH without balanced nutrition is not a guarantee of perfect health, it just means you won't get cancer! You need good nutrition to produce a healthy body. Report number 3 will talk more about nutrition.

Remember...

The great advantage of knowing the prime cause of a disease is that it can then be attacked logically and over a broad front. - Dr. Otto Warburg

Please pass this email onto your friends. Don't wait for one of them to call you saying they have just been diagnosed with cancer before you get this life-saving information to them.

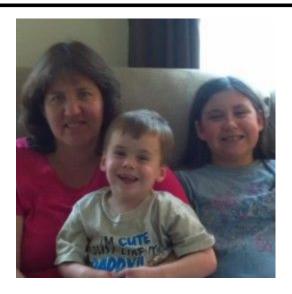
To Your Health,



John Austin
Health Researcher, Author and
Certified Nutritionist
(801) 776-3255
johnaustinmx@gmail.com
http://www.200diseases.com
http://www.thenaturalcancercure.com



Ann Cameron cured her stage 4 cancer with carrot juice, nothing else. http://www.chrisbeatcancer.com/ann-cameron-cured-her-cancer-with-carrot-juice/



Ginger Rollins shares how she healed from stage 4 cancer https://www.pinterest.com/pin/301248662551623258/http://www.chrisbeatcancer.com/new-natural-survivor-story-gingermrollinscharter-net/

NATUROPATHIC CANCER REMEDY

Cancer remedy begins with drinking about 16 ounces or more of fresh raw vegetable juice per day. Most people call it "Green Juice". The only sweet things to put in this concoction are 1 or 2 green apples (lower in sugar), 1 carrot and maybe 1/4 of a beet. Green juices have enzymes, phytonutritients (also called micro nutritients) minerals and are highly alkaline and deliver deep nutrition directly to the cells of our bodies. Here are the 10 Best Cancer Killing Phytonutrients To Eat: http://www.greenmedinfo.com/blog/10-best-cancer-killing-phytonutrients-eat Here is another great recipe:



Juice Recipe To Kill Cancer Cell

Rudolf Breuss developed this juice formula consisting of beetroots, carrots, celery, radish, and potatoes in specific ratios, to provide a balance of basic elements required for the body's nourishment. In combination with the juice formula, Breuss recommends various herb teas to enhance its cleansing effects.

Ingredient:

- -1 beet
- -1 carrot
- -1 celery stick
- -1/2 potato
- -1 radish

Directions:

Put all the ingredients in a blender and mix them all well. Pour into a glass and drink slowly.

Cancer and all other diseases can not exist in a pH balanced Alkalne body. An Acid/Alkaline imbalance causes disease. All disease is caused by "self-poisoning" due to acid accumulation in the body. Immune cells that are too acid or too alkaline do not produce antibodies or cytokines (chemical messengers to regulate other immune cells), and they have impaired phagocytosis (the ability to engulf and destroy microbes). As a result, the affected individual becomes susceptible to viral, bacterial, fungal and other infectious microbes as well as cancer.

An overly acidic condition weakens the body and can become dangerous. Our body requires a slightly alkaline condition to function well. Blood, for example, needs to be 7.4 pH. A shift in blood pH of just 0.2 could result in death. Obviously, the body does not want to die so it is forced to borrow minerals (calcium, sodium, potassium and magnesium) from vital organs and bones to neutralize the acid. A condition of high acidity may go undetected for years, causing the body to suffer prolonged damage.



A Daily Required Dosage of Glutathione

http://www.puritan.com/puritans-pride-brand-0102/l-glutathione-500-mg-017970

The antioxidant benefits of glutathione are extraordinary. This is why it has earned the title of the body's "Master Antioxidant". Found in every cell, glutathione scours our body for toxins, free radicals and heavy metals that pose a threat to our health and well-being. Glutathione is the most powerful thing for detoxifying your body. Glutathione is extremely powerful and you can take supplements of this in pill or capsule form. Our bodies make glutathione but our levels can be depleted due to stress, lack of sleep, diet and our toxic life style habits.

Remove The Fluoride Water

If you live in area which fluoridates its water, you can avoid drinking the fluoride in one of three ways: Water Filters: One way of avoiding the fluoride from tap water is to purchase a water filter. Not all water filters, however, remove fluoride. Most brands of spring water contain very low levels of fluoride. Some brands, however, do contain high levels (e.g., Trinity Springs). Before consuming any bottled water on a consistent basis, therefore, you should verify that the fluoride content is less than 0.2 ppm, and ideally less than 0.1 ppm. A third way to avoid fluoride from the tap is to purchase a distillation unit. Water distillation will remove most, if not all, of the fluoride. The remedy is a 9.8 + pH Alkaline Water.

Not a Single "Randomized Controlled Trial" Has Ever Proven Fluoridation Works. Despite over 60 years of water fluoridation, there has yet to be a single randomized controlled trial (RCT) to demonstrate its benefits (or safety). Before fluoride was used to fight cavities, it was (and still is) used in insecticides and rat poison. According to research, the negative effects and downsides of fluoride use have been brought to light and are now being discussed worldwide. Fluoride is found in many public water products and poses some serious health threats. Extremely high levels of fluoride have been shown to cause neurotoxicity in adults, resulting in negative impacts on memory and learning. Researchers from the Harvard School of Public Health and China Medical University in Shenyang combined 27 studies, finding strong indications that fluoride also adversely affects cognitive development in children.

On the following pages, there are some amazing formulations that will assist in the irradication of cancer in your body by assisting you to create the perfect pH balanced Acid/Alkalne body.



8-10 16oz glasses a day of Qure 9.8 + pH Alkaline Water

https://www.amazon.com/Qure-Alkaline-Water-16-9-Ounce/dp/B00FPE563C?th=1 https://jet.com/search?term=Qure%20Alkaline&brand=Qure %20Alkaline&category=0

Healthy 9.5 pH Alkaline water has a much higher pH level than plain tap water, and it helps neutralize acid in your bloodstream, boosts your metabolism and helps your body absorb nutrients more effectively. It can prevent disease and slow the aging process. Flouride is removed from the processes of creating Alkaline water.



8-10 16oz glasses a day of Diamond Creek 9.5 pH Alkaline Water

2319 Randolph Rd Charlotte, NC 28207-1525 (704) 419-9922 info@diamondcreekwater.com http://www.diamondcreekwater.com/



4 level tablespoons a day of

Braggs Non GMO Organic Apple Cider Vinegar

http://www.iherb.com/search? kw=w=Braggs+Apple+Cider+Vinegar&sug=bars+apple+cider

Organic, unfiltered apple cider vinegar (like Bragg's) also contains "mother," strands of proteins, enzymes and friendly bacteria. Quality apple cider vinegar also contains some amino acids and antioxidants.



2 level tablespoons a day of Swanson Turmeric Powder

http://www.swansonvitamins.com/organic-traditions-turmeric-powder-7-oz-200grams-pkg

Turmeric helps control development of type 2 diabetes. It is 5 to 8 times stronger than vitamin E and stronger than vitamin C. This antioxidant helps boost your immunity, maintains normal cholesterol levels and put the brakes on aging. Turmeric has a huge therapeutic value in that it boosts immunity. Turmeric maintains 300 active processes in attacking arthritis, allergies, asthma, atherosclerosis, heart disease, Alzheimer's disease, diabetes and cancer.



Prescribed dosage a day of Turmeric Curcumin Gold

http://www.nutrigold.com/

You can take the powdered Swanson Turmeric or this in 500mg capules. Do not take both.



4 level tablespoons of a day of Organic Garlic Powder

http://www.iherb.com/Simply-Organic-Garlic-Powder-3-64-oz-103-g/31396

Organic Garlic Powder is used to help protect your heart. Organic Garlic Powder contains a substance called hydrogen sulfide. This compound is responsible for relaxing the capillaries and blood vessels around your heart. Organic Garlic Powder is a mild antibacterial agent. It has been shown to help reduce the levels of unhealthy bacteria in the stomach. This is a powerful way of naturally reducing your chances of infection, and garlic is oftentimes linked with lower gastrointestinal infection rates.



4 level tablespoons a day of Organic Galandal Powder

https://www.trytheworld.com/products/galangal-powder? utm_medium=cpc&utm_source=googlepla&variant=12871728452&gclid=COnp-MiDv9ACFQ5LDQodGncKGA

The Medieval mystic Hildegard of Bingen recommended this herb as a tonic for the heart, and called it "the spice of life" and said it was a gift from God meant to keep disease at bay. It is also used traditionally for hiccups, nausea, vomiting, chronic gastritis and ulcers in the digestive tract. The herb has analgesic (relieving pain) and antipyretic (reducing fever) properties and it may also help reduce bacterial and fungal infections.



4 level tablespoons a day of Organic Ground Ginger Powder

https://redmart.com/product/mccormick-ground-ginger

Ginger is very effective against menstrual pain when taken at the beginning of the menstrual period. There is some evidence, in both animals and humans, that ginger can lead to significant reductions in LDL cholesterol and blood triglyceride levels. Ginger contains a substance called 6-gingerol, which may have protective effects against cancer. Ginger can protect against age-related damage to the brain. It can also improve brain function in elderly women. Ginger is also effective against the RSV virus, a common cause of respiratory infections.



2-3 drops a day of Nascent Iodine

http://www.magneticclay.com/store/nascent-iodine-supplement-1.aspx

Nascent Iodine keeps thyroid iodine levels in balance, improves thyroid and endocrine system function, improves emotional disorders by balancing glandular systems and helps regulate hormone imbalances associated with weight gain.



1 capsule a day of Probiotics

http://wholebodyresearch.com/p/keybiotics.html https://www.youtube.com/watch?v=5OkB9KfpwrE

Keybiotics are super-probiotic supplements containing 37.5 billion colony forming units of friendly bacteria from 14 unique strains of beneficial bacteria, making it the most powerful probiotic on the market today. Keybiotics are specially engineered to withstand stomach acids and bile, allowing them to cover the entire G.I. Tract and balance out Candida and other types of yeast overgrowth quickly and efficiently.



Required capsule count of Apricot Seed a day

http://www.hopeintstore.org/apricot-seed-120-capsules/ http://peaceonthefarm.com/do-apricot-seeds-kill-cancer-with-no-side-effects/

Amagdylin is found with the highest concentration and necessary enzymes in Apricot Seed Kernels. A primitive tribe, the Hunzas, were known to ingest very large amounts of Apricot Seed Kernels. The hard pit of the Apricot had to be broken to get into the soft Apricot Kernels. There was no incidence of cancer with those in the Hunza tribe at all, ever. The members of the Hunza tribe had long, healthy life spans. Laetrile was created by simply extracting Amagdylin from the soft Apricot Kernels, purifying it and putting it into a concentrated form.



Pomegranate Vitamins and Minerals

https://www.amazon.com/dp/B00UNI2X5O? m=A2TTEEWKL4X0M6&ref_=v_sp_widget_detail_page

Consumption of Liquid Pomegranate Vitamins and Minerals maintains healthy cardiovascular function, supports the immune system and promotes cellular health. The high amounts of antioxidants, vitamin A, vitamin C and iron in pomegranates fight against free radicals, stopping them from damaging cells. Pomegranates thus prevent many cancers, especially prostate cancer, breast cancer and lung cancer.

According to the University of Maryland Medical Center, there is no recommended dose of Turmeric for children. For adults, the general recommended dose is 400-600mg of standardized Turmeric powder 1-3 times per day. The NIH suggests you can take up to 500mg up to 4 times per day. According to the medical community, the maximum amount of standardized turmeric curcumin is about 2,000mg.

Many positive health benefits are associated with turmeric's anti-inflammatory properties. Turmeric has been used to ease many inflammation-related disorders and conditions including upset stomach, intestinal gas relief (including for lactose intolerance), psoriasis, eczema, rheumatoid arthritis, fibromyalgia, sciatica, and osteoarthritis.

Cancer thrives on sugar and refined grains. Research indicates eating too much animal protein, more than your body can utilize in a day, may be one of the causes of cancer. If the powers that be were to work on prevention of cancer by reducing our exposure to the huge number of toxins and other cancer causing environmental issues like electromagnetic fields (EMF's,) we would win the fight against cancer. Unfortunately, cancer is very big business, with huge profits, and preventing cancer is not profitable. So you will continue to see more toxins in our environment, more genetically modified organisms (GMO's), and more cancer.

NATUROPATHIC TREATMENT FOR SICKLE CELL





http://www.puritan.com/fish-oils-056

http://tinyurl.com/zu6zx6l

Get support for sickle cell anemia by focusing on your unique nutritional needs. According to research or other evidence, the following self-care steps may help you manage this kind of chronic anemia:

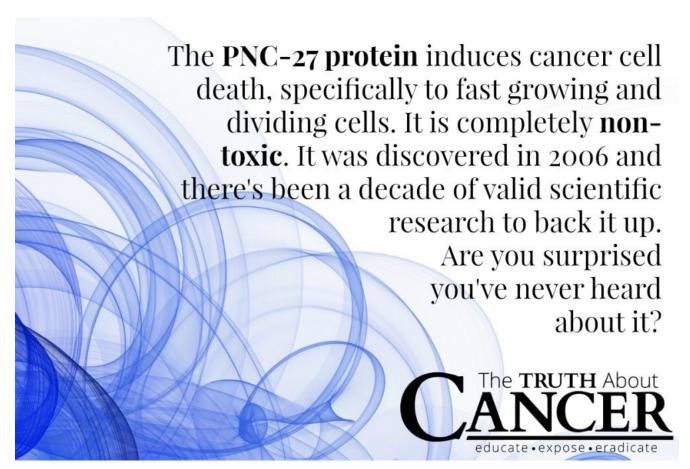
What You Need To Know:

· Fight back with fish oil

Reduce the frequency of severe pain episodes by taking a daily fish oil supplement providing 33 mg of EPA and 23 mg of DHA for every 2.2 pounds of body weight.

Think zinc

Under the supervision of a doctor, take a daily supplement of 100 mg of zinc, plus 2 mg of copper, to help prevent cell damage and speed healing of leg ulcers associated with sickle cell anemia



https://pnc27.com/

Drugs, Radiation and Surgery do not effect a cure. Although these methods may kill or remove cancer and tumors temporarily, the cause of the cancer still remains and will return in time unless by some accident or miracle the patient changes the environment that caused the cancer initially. Unfortunately, the second time around, the cancer will be less merciful, more aggressive and more fatal.

GET THE REPORT:

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SOURSOP AND ITS LEAVES

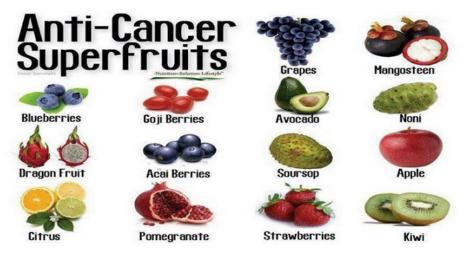


Soursop and its Leaves: 1. Inhibit cancer cells and cure cancer more quickly and effectively than chemotherapy. 2. Are used to treat different types of cancers including prostate, lung and breast cancers. 3. Is 10,000 times stronger than chemotherapy in fighting cancer cells. 4. Helps in treating gout. 5. Is used for treatment of Eczema and Rheumatism. 6. Are extremely effective in inhibiting the growth of bacteria, virus, parasites and tumor development.



What's wrong with America is what's wrong with Big Pharma. And what's wrong with Big Pharma is what's wrong with America. Big Pharma seeks enormous profits over the health and well-being of the humans it serves, and has governsed how drug companies invasively corrupt the way that the healthcare industry delivers its vital services. In fact, Big Pharma is the exact same story of how Big Government, Big Oil, Big Agri-Chem Giants like Monsanto have come to power. The controlling shareholders of all these major industries are one and the same. Big Money belonging to the global central banking cabal own and operate all of the Fortune 500 companies in addition to virtually all national governments on this earth. The Rockefellers privatized healthcare in the United States back in the 1930's and has financed and largely influenced both healthcare and Big Pharma ever since. Naturopathic science is the only cure for sickness and disease.

http://www.globalresearch.ca/the-evils-of-big-pharma-exposed/5425382



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The CDC has admitted that between 1955–1963 over 98 million Americans received one or more doses of a polio shot which was contaminated with a cancer-causing virus called Simian vacuolating virus 40 (SV40).

http://www.vaccines.news/2015-09-23-cdc-admits-98-million-americans-were-given-cancer-virus-via-the-polio-shot.html

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC153983/

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC452549/

http://www.sv40foundation.org/cpv-link.html

https://infectagentscancer.biomedcentral.com/articles/10.1186/1750-9378-2-13



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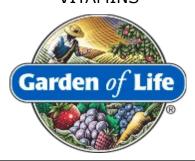


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Garlic Capsule consumption on a daily basis helps to lower cholesterol levels because of the anti-oxidant properties of Allicin. It is also immensely beneficial to regulate blood pressure and blood sugar levels. Garlic is used for many conditions related to the heart and blood system. These conditions include high blood pressure, low blood pressure, high cholesterol, inherited high cholesterol, coronary heart disease, heart attack, reduced blood flow due to narrowed arteries, and "hardening of the arteries" (atherosclerosis).

Ginseng health benefits include a reduced risk of developing cancer, relief from menstrual problems, reduction in obesity, improvement of digestive disorders, and a boosted immune system, as well as improving signs of mental distress, asthma, arthritis, and sexual problems. Both American Ginseng (Panax quinquefolius, L.) and Asian Ginseng (P. Ginseng) are believed to provide an energy boost, lower blood sugar and cholesterol levels, reduce stress, promote relaxation, treat diabetes, and treat sexual dysfunction in men.

Ginkgo Biloba benefits include increase concentration, reduces risk for Dementia and Alzheimer's, helps fight anxiety and depression, fights symptoms of PMS, helps maintain vision and eye health, helps prevent or treat ADHD and improves Libido. Ginkgo Biloba improves cognitive function because it promotes good blood circulation in the brain and protects the brain and other parts from neuronal damage.

Ginger Root has a long history of use for relieving digestive problems such as nausea, loss of appetite, motion sickness and pain. The root or underground stem (rhizome) of the ginger plant can be consumed fresh, powdered, dried as a spice, in oil form or as juice. Ginger Root is commonly used to treat various types of colic, upset stomach, gas, diarrhea, irritable bowel syndrome (IBS), nausea, nausea caused by cancer treatment, nausea caused by HIV/AIDS treatment, nausea and vomiting after surgery.

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VITAMIN B5



500 MG – Life Extension Vitamin B5 \$10.63 Online https://jet.com/ **L-Arginine** (Nitric Oxide) is a powerful neurotransmitter that helps blood vessels relax and also improves circulation. Some evidence shows that L-Arginine may help improve blood flow in the arteries of the heart. That may improve symptoms of clogged arteries, chest pain or angina, and coronary artery disease. Other L-Arginine benefits include: fighting inflammation, lowering risk for arteriosclerosis and heart attack, repairing blood vessels, fighting congestive heart failure (CHF) and coronary artery disease, helping lower high blood pressure, improving athletic performance and increasing immune function.

Pomegranate Extract is rich in ellagic acid, an antioxidant which may be responsible for anti-inflammatory activities in the gut. Other studies support the idea that pomegranate, either the fruit or the extract, is a potentially powerful anti-inflammatory agent. Ellagic acid is a naturally occurring substance. The best sources of ellagic acid in the diet are pomegranates, strawberries, raspberries, blackberries, and walnuts. Medicinally, ellagic acid is used to prevent cancer and treat viral and bacterial infections.

Metabolic Response Modifier MSM is an organic source of the important nutrient sulfur. Sulfur is involved in the metabolism of at least 150 critically important molecules in the body and dietary sources may not be sufficient to ensure all these requirements are met. For example, because sulfur is necessary for the formation of connective tissue, MSM has been widely studied for its use in optimizing joint health. Research studies have shown that MSM has the ability to promote respiratory health and support various reactions to foods and pollen.

L-Methionine is an amino acid. Amino acids are the building blocks that our bodies use to make proteins. L-Methionine is found in meat, fish, and dairy products, and it plays an important role in many cell functions. L-Methionine is used to prevent liver damage in acetaminophen (Tylenol) poisoning.

Zinc health benefits include proper functioning of the immune and digestive systems, control of diabetes, reduction of stress levels and improvement of metabolism. Zinc is essential to our brains and bodies, but over 10 percent of people are zinc-deficient. Zinc is an important mineral for prostate, vision and immune system health.

Cordyceps health benefits include its ability to improve respiratory health, increase oxygen uptake, boost heart health, detoxify the body, prevent certain types of cancer, slow the aging process, increases energy and improvement of the immune system. The name Cordyceps actually describes a genus of fungi that includes more than 400 unique species of parasitic types. Fungi are essential parts of many ecosystems, but this particular genus also has a great deal of importance for people, as it has been traditionally used in herbal medicine for centuries. One key benefit of Cordyceps is its ability to improve oxygen utilization.

Niacin lowers Cardiovascular Disease Risk. Aside from helping to balance cholesterol levels and triglycerides, vitamin B3 niacin has other benefits for heart health, including the ability to reduce atherosclerosis, which is the dangerous hardening of the arteries that can lead to heart disease.

Biotin (Vitamin B7) health benefits include support of a healthy metabolism, improvement of Glucose Intolerance, balance of blood sugar and maintainance of healthy hair, skin, and nails. Biotin protects brain function and fights Cognitive Decline. Biotin helps maintain a healthy Cardiovascular System and supports Thyroid and Adrenal function.

Vitamin B5 also known as Pantothenic Acid helps the alleviation of conditions like asthma, hair loss, allergies, stress and anxiety, respiratory disorders and heart problems. Vitamin B5 helps the body create red blood cells, which carry oxygen throughout our body.

ENZYME RESTRUCTURE

Enzymes are protein molecules that are manufactured by all plant and animal cells. All cells require enzymes to survive and function. Enzymes are catalysts, which means that they make chemical reactions go faster, but are not changed by the reaction. When secreted in the digestive tract, they help break down carbohydrates, fats and dietary proteins and detoxify alcohol. Each enzyme is designed to do a specific task—enzymes are not general workers. "Proteolytic" enzymes such as pepsin and trypsin work on proteins, amylase on carbohydrates, lipase on fats. When they are not helping to break down compounds, they help synthesize them. Some enzymes, such as superoxide dismutase (SOD), are antioxidants.





(3 Bottles) \$13.99 Online

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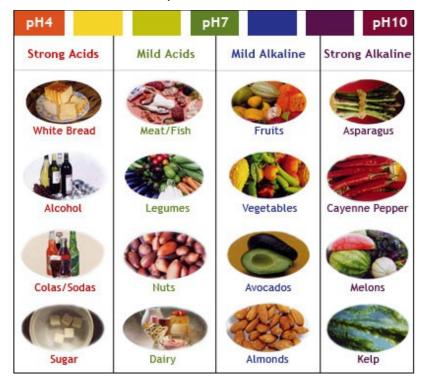
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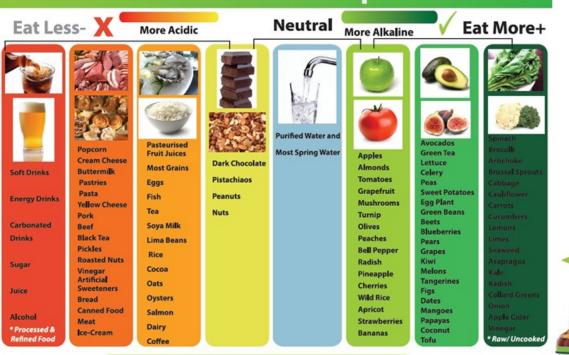


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pH CHARTS



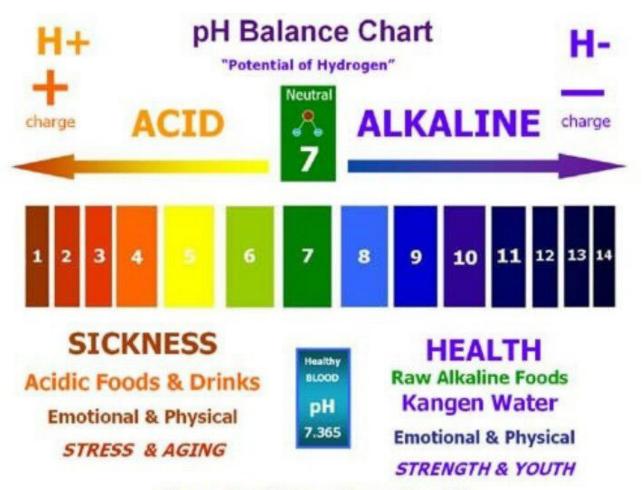
Acidic / Alkaline Food Comparison Chart



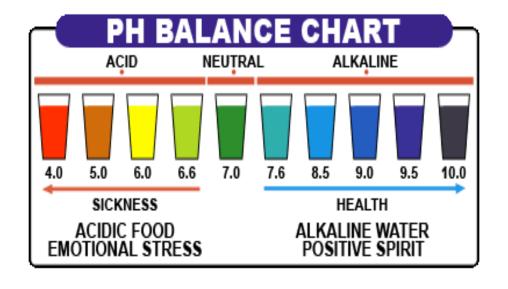
Eat less processed and refined foods and more raw and uncooked greens and fruits.

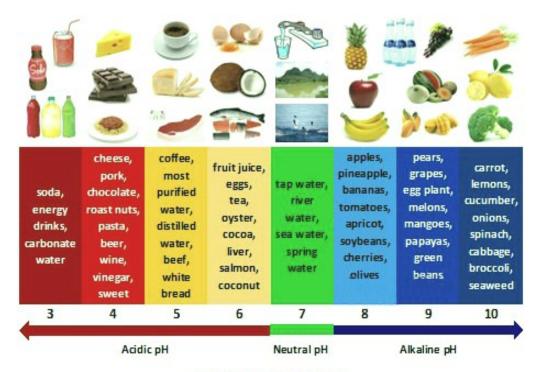
Note that a food's acid or alka-line forming tendency in the body has nothing to do with the actual pH of the food itself .eg: lemons are very acidic, however the end - products they produce after digestion and assimilation are very alkaline so lemons are alkaline-forming in the body. Likewise, meat will test alkaline before digestion but it leaves very acidic residue in the body so, like nearly all animal products, meat is very acid-forming.

Life tones Cones Cone



Change Your Water ... Change Your Life





Pic.5 pH in Foods and Drinks





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Alkalizer & Detoxifier

https://www.gardenoflife.com/content/product/ perfect-food-raw-alkalizer-detoxifier/

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